

## Whole Roasted Chicken

Whole Chicken

1 onion

6 cloves garlic

4 sprigs fresh rosemany

Salt

Pepper

Olive Oil

Brining Water

Fill bowl to fit chicken with cold water and 1/4 cup salt.

Let brine for 1-24 hours.

Rinse chicken and pat dry. Rub with salt, pepper and olive oil. Fill cavity with rosemary, garlic and onion. Squeeze lemon into cavity and place rind inside.

Bake in 350\* oven, breast side down. for an hour and a half or until done on thermometer. Let cool 10 minutes before carving.