

Fruit Sorbet

Sugar syrup:

2 1/2 cups sugar

2 1/2 cups water

Boil for 5 minutes. Let cool. Mix with recipe for puree or juice.

Freeze

Berry Purce:

Puree 8 cups of berries in food processor.

Stranberry Puree add 1/3 cup lemon juice.

Raspberry Puree add 1 tablespoon lemon juice.

Juices:

Lemon juice-Mix 3 cups lemon juice with 2 cups of water.

Orange juice-Mix 3 cups of orange juice with 1/4 cup of lemon juice.