Inahs Altchen Entree Salads Entree or main course salads need to be hearty and plentiful. I never know exactly what I will be putting into the salad, but they always include the following: Lettuce-Romaine, Green Leaf, Spinach Meat-any chicken should be hand pulled Nuts Berries or Raisins Optional: Cheese, Tomatoes, Corn, Beans Toss lightly with your favorite vinaigrette. www.dinahskitchenrecipes.com