

# Dinah's Kitchen

## Chicken Popeye (Bonnie's Get Well Chicken)

### Chicken:

6-8 Chicken Breasts – pounded  
Rub with Olive Oil and Kosher Salt  
Grill the chicken until just done. Set aside.

### Spinach:

12 ounces fresh spinach  
2-3 Tablespoons Olive Oil  
3-4 cloves garlic—chopped  
1 cup Italian cheeses—shredded  
Heat Olive Oil in large pan. Add garlic. Add spinach and gently heat.  
Add cheese and gently mix.

### Sauce:

2-3 Tablespoons Olive Oil  
3-4 cloves garlic—chopped  
5-6 tomatoes—chopped  
Heat oil, add garlic and then tomatoes. Simmer 20 minutes.  
Assemble in large baking pan: first spinach, then chicken, extra cheese if desired. Serve with pasta and sauce.