

A decorative border of various silverware items, including forks, knives, and spoons, arranged in a wavy pattern across the top and sides of the page. The items are rendered in a light, semi-transparent blue color.

Dinah's Kitchen

Black Bean Dip

1 can drained black beans

3 green onions

1/4 cup white onion

1 tomato

1/2 teaspoon salt

1/4 teaspoon pepper

jalapeno chili to taste

1/4 teaspoon cumin

Blend together in food processor. If too thick, add more chopped tomato.

To make soup, double recipe and thin with chicken broth or water to desired consistency.